

DON HAYS, Ph.D.

12830 Hillcrest Rd, Ste A212
Dallas, TX 75230

PATIENT SOCIAL BIRTH
NAME : _____ SECURITY # _____ DATE : _____
SPOUSE'S (If Patient is Married) SOCIAL BIRTH
NAME : _____ SECURITY # _____ DATE : _____

ONLY FILL IN FATHER AND MOTHER'S NAME IF PATIENT IS A CHILD OR ADOLESCENT

FATHER'S (If Patient is a Minor) SOCIAL BIRTH
NAME : _____ SECURITY # _____ DATE : _____
MOTHER'S (If Patient is a Minor) SOCIAL BIRTH
NAME : _____ SECURITY # _____ DATE : _____

HOME ADDRESS : _____ CITY : _____ ZIP : _____
HOME TELEPHONE : _____
CELL PHONE : _____ WHO REFERRED YOU ? _____

EMPLOYMENT INFORMATION :

INSURED'S
NAME : _____ INSURED'S BIRTH DATE: _____
May You Be Contacted At Work? _____
INSURED'S EMPLOYER : _____ WORK PHONE: _____
INSURED'S ADDRESS IF DIFFERENT FROM PATIENT'S: _____
JOB TITLE : _____

SPOUSE'S (Of Insured)
NAME : _____ WORK TELEPHONE : _____
May You Be Contacted
SPOUSE'S EMPLOYER : _____ At Work If Necessary? _____
JOB TITLE : _____

INSURANCE INFORMATION :

INSURANCE CARRIER : _____
ADDRESS : _____ CITY : _____ STATE : _____ ZIP : _____
GROUP NUMBER : _____ CERTIFICATE OR ID # _____
CERTIFICATION OR AUTHORIZATION NUMBER (If Applicable): _____
INSURANCE MEMBER SERVICE PHONE NUMBER: _____

ASSIGNMENT OF MEDICAL BENEFITS

(IF APPLICABLE)

I hereby assign all medical benefits, to include major medical benefits to which I am entitled, including Private Carrier and other health plans to : **DON HAYS, Ph.D., LPC, LMFT**. This assignment shall remain in effect until revoked by me in writing. A photocopy of this is to be considered as valid as the original. I hereby authorize said assignee to release all information necessary to secure payment.

SIGNED : _____

DATE : _____

Don Hays, Ph.D.

Licensed Professional Counselor and Licensed Marriage and Family Therapist

Client Information and Consent for Treatment

Welcome to my practice. I look forward to working with you regarding your concerns.

Qualifications: I have a Ph.D. in counseling and am licensed as a professional counselor and as a marriage and family therapist. I have been in practice for 18 years and have extensive experience working with individuals, couples and families.

Orientation: I have experience in family systems, reality therapy and solution-oriented therapy and will use several techniques to help you clarify your goals for change and to begin taking steps to improve your life. I believe all people were created with a need for purpose and meaning, a need for significant connection with others, and a capacity for growth.

Nature of Counseling: The purpose of counseling may include relieving distress; decreasing of a mental or emotional disorder; improving one's mood, self-esteem, or overall well-being; working through trauma or loss; working to improve significant relationships; or learning better coping skills for life's challenges. Counseling requires your active participation in identifying problems and goals and working to make changes. I will work to provide a safe setting in which you feel respected and accepted in order for you to openly discuss issues which may be at times personal and uncomfortable.

Effects of Counseling: While benefits are expected from counseling, specific results are not guaranteed. Counseling at times involves unpleasant feelings and addressing issues that may be difficult. Some life changes can be temporarily distressing. Together we will work to achieve the best results for you.

Client Rights: Some individuals only need a few sessions to achieve their goals; others may require months or even longer. You have the right to discontinue our professional relationship at any time. You have the right to refuse any recommendation I make. You have the right to humane care and protection from harm, abuse or neglect. My services will be rendered in a professional manner consistent with accepted legal and ethical standards. If at any time you are dissatisfied with my services, please let me know. If I am not able to resolve your concerns to your satisfaction, you may report your complaints to the State Board of Examiners of Professional Counselors at 512-834-6658.

Referrals: If at any time you or I believe a referral is needed, I will provide recommendations for other providers or programs to assist you. You will be responsible for contacting and evaluating those referrals.

Fees: Counseling sessions are billed at \$100 per 45-50 minute session. If you are using insurance benefits, you are usually only responsible for the copay unless there is an unmet deductible. For legal proceedings that require my participation, I bill \$175 per hour (includes depositions, time spent waiting to testify, driving time, etc.). Other services for which fees apply are letters or documents for employment, disability, or legal purposes and photocopying, mailing or faxing medical records to other providers, attorneys or insurance companies.

CANCELLED, MISSED OR RESCHEDULED APPOINTMENTS

I WILL NEED TO BILL YOU FOR ANY SCHEDULE CHANGES WITH LESS THAN 24 HRS NOTICE AS YOUR INSURANCE WILL NOT PAY FOR A MISSED OR CANCELLED APPT

Cancellation: If you miss a scheduled appointment or call to change an appointment time on the same day that you are scheduled to see me, I cannot bill your insurance for the hour time slot that you have reserved with me but did not attend. Your Insurance carrier will not pay for scheduled appointment that you either miss or for an appointment that you call me to cancel or to change on the day of the appointment. This does not give me adequate time to call another client to fill the time slot so I will need to bill you for **THE FULL FEE—NOT JUST YOUR COPAY** for the missed appointment or an appointment that is changed on the same day as the appointment. I want to be clear about this because this happens frequently. If you are sick or injured, this is an exception but not working late, company meetings, or soccer practice. INITIAL HERE: _____ DATE: _____

Don Hays, Ph.D., LPC
Licensed Professional Counselor and Licensed Marriage and Family Therapist

Records and Confidentiality: All of our communication becomes part of your clinical record. Adult records are disposed of seven years after the file is closed. Records for minors are disposed of seven years after the child's 18th birthday.

Your files are kept secure and confidential with the following exceptions:

1. You are at risk of imminent serious harm to yourself or others.
2. You disclose abuse, neglect, or exploitation of a child, elderly, or disabled person.
3. You disclose sexual misconduct by a physician or therapist.
4. I am ordered by a court to disclose information (e.g. child custody suits)
5. You direct me to release your records
6. Information is requested by your insurance company for claims processing, case management, coordination of treatment, quality assurance or utilization review purposes.

I give consent for Don Hays, Ph.D., LPC to provide counseling services to me. I understand that no guarantees have been made as to the results of the treatment authorized.

Client Signature _____	Date _____
2 nd Client Signature _____	Date _____
Parent/Guardian _____	Date _____

Consent to Release Confidential Information

This authorizes Don Hays, Ph.D., LPC to disclose information concerning
Client Name _____ to the following:

____ Insurance Company
____ Psychiatrist
____ Primary Care Physician
____ Other
____ Other

The purpose of this disclosure is:
____ Authorization/Utilization Review
____ Coordination of Care
____ Payment/Billing

Client Signature _____	Date _____
2 nd Client Signature _____	Date _____
Parent/Guardian _____	Date _____

Don Hays, Ph.D., LPC
16800 Dallas Pkwy, Ste 150. Dallas, TX 75248
214-505-6520 CP 972-733-7257 Fax
CONSENT TO COMMUNICATE WITH PRIMARY CARE PHYSICIAN

PRIMARY CARE PHYSICIAN _____

PRIMARY CARE PHYSICIAN TELEPHONE NUMBER _____

PRIMARY CARE PHYSICIAN ADDRESS _____

FAX _____

CLIENT NAME _____

DATE OF BIRTH _____ SOCIAL SECURITY NUMBER _____

DIAGNOSIS _____

MEDICATIONS _____

TREATMENT _____

Your insurance company has requested that his information be sent to your primary care physician for coordination of care. These records are confidential and cannot be disclosed without your written consent, except as otherwise provided by law. You may revoke this consent at any time.

Signature _____ Date _____

Signature of legal guardian if minor _____ Date _____

☐ Client declined to release information or stated they have no primary care physician.

Comprehensive Assessment Questionnaire - ADULT

Name: _____ Date: _____

What are the main problems or symptoms that caused you to seek help now? _____

Describe any stresses in your life that may have contributed to the problem: _____

Describe the history of the problem from its onset until now: _____

Have you had a similar problem in the past? ☐ Yes ☐ No If so, please describe the episodes and the dates they occurred. _____

Were you treated for this problem? ☐ Yes ☐ No If so, please describe the treatment you received. _____

Has this problem caused you to experience any decrease in your ability to function in the following areas? If so, please describe:

School performance: _____

Work performance: _____

Relationship with spouse/significant other: _____

Functioning as a parent: _____

Social life: _____

Ability to manage chores at home: _____

Medical History

Please list all medications you are currently taking:

Prescription Medication

Dose

Start Date (MMYY)

Please list any health problems: _____

Are you allergic to any foods, drugs or other substances? _____

Mental Health History

Please list any Psychiatrist/Psychologist/Therapist you have seen previously:

Name

Dates Seen

Reason

Medications Prescribed

Have you ever attempted suicide? ☐ Yes ☐ No If yes, please describe the nature of the event and the date(s) of occurrence. _____

Please list any blood relatives who have any history of mental or emotional problems (e.g. depression, manic depression, alcoholism, drug abuse, suicide, schizophrenia, anxiety problems, eating disorders, Attention Deficit Disorder, etc.)

Relative

Problem

Patient's Name: _____

Substance Use:

Do you use any of the following?

Substance	Yes	No	Amount	Frequency:	Daily	Weekly	Date last used
Tobacco	___	___	_____		___	___	_____
Caffeine	___	___	_____		___	___	_____
Alcohol	___	___	_____		___	___	_____
Marijuana	___	___	_____		___	___	_____
Cocaine	___	___	_____		___	___	_____
Amphetamines	___	___	_____		___	___	_____
LSD	___	___	_____		___	___	_____
Heroin	___	___	_____		___	___	_____
Pain killers	___	___	_____		___	___	_____
IV Drug Use	___	___	_____		___	___	_____

Have you ever felt that you were abusing drugs or alcohol? ___ Yes ___ No If so, please describe when and the nature of the problem. _____

Have you tried to stop drinking? ___ Yes ___ No If yes, what was the outcome? _____

Have you ever attended AA? ___ Past ___ Current If yes, do you have a sponsor and how often do you attend meetings? _____

Have you ever attended NA? ___ Past ___ Current If yes, do you have a sponsor and how often do you attend meetings? _____

Family/Social History

Where were you born and raised? _____

Please list your siblings and their current ages: _____

Are you close to your siblings? _____

How would you describe your relationship with your father? _____

How would you describe your relationship with your mother? _____

Describe your childhood: _____

Were your parents divorced? ___ Yes ___ No If yes, how old were you? _____

With whom did you live after the divorce? _____

Did your mother remarry? ___ Yes ___ No Did your father remarry? ___ Yes ___ No

What was your relationship like with the stepparent(s)? _____

Were you ever subjected to any type of abuse (emotional, physical, sexual)? ___ Yes ___ No
If yes, please describe the events and ages the abuse occurred. _____

Have you lost a close family member or friend? ___ Yes ___ No Who? _____ When? _____

Educational History

Did you complete high school? ___ Yes ___ No

What kind of grades did you receive in school? _____

How did you get along with your peers? _____

How did you get along with your teachers? _____

Did you attend college? ___ Yes ___ No

Where? _____

Degree? _____

Patient's Name: _____

Occupational History

Are you currently working? ☐ Yes ☐ No What is your occupation? _____

What is your current position? _____

Where do you work? _____ How long have you been there? _____

Are you satisfied with your job? ☐ Yes ☐ No If no, explain: _____

Describe any current job stresses you may be experiencing: _____

How well do you get along with your co-workers? _____

How well do you get along with your supervisors? _____

List your last two jobs and how long you worked there: _____

Relationship History

Are you currently ☐ Single ☐ Married ☐ Divorced ☐ Widowed ☐ Living Together

How long? _____ What is your sexual orientation? _____

Describe your relationship with your spouse or significant other: _____

List any stresses or problems in your relationships: _____

If married, what is your spouse's occupation? _____

Have you been married before (or in a long-term committed relationship)? ☐ Yes ☐ No

How many times? _____ How long did these relationships last? _____

Please describe the reason for the break-up or divorce: _____

If you have children, what are their names and ages? _____

Describe any problems you may be experiencing with your children: _____

What is your religious preference? _____

How often do you attend religious services? ☐ Yes ☐ No Where? _____

Any hobbies? _____

Is there any other important information about you that has not been covered, which you feel the therapist should know? _____